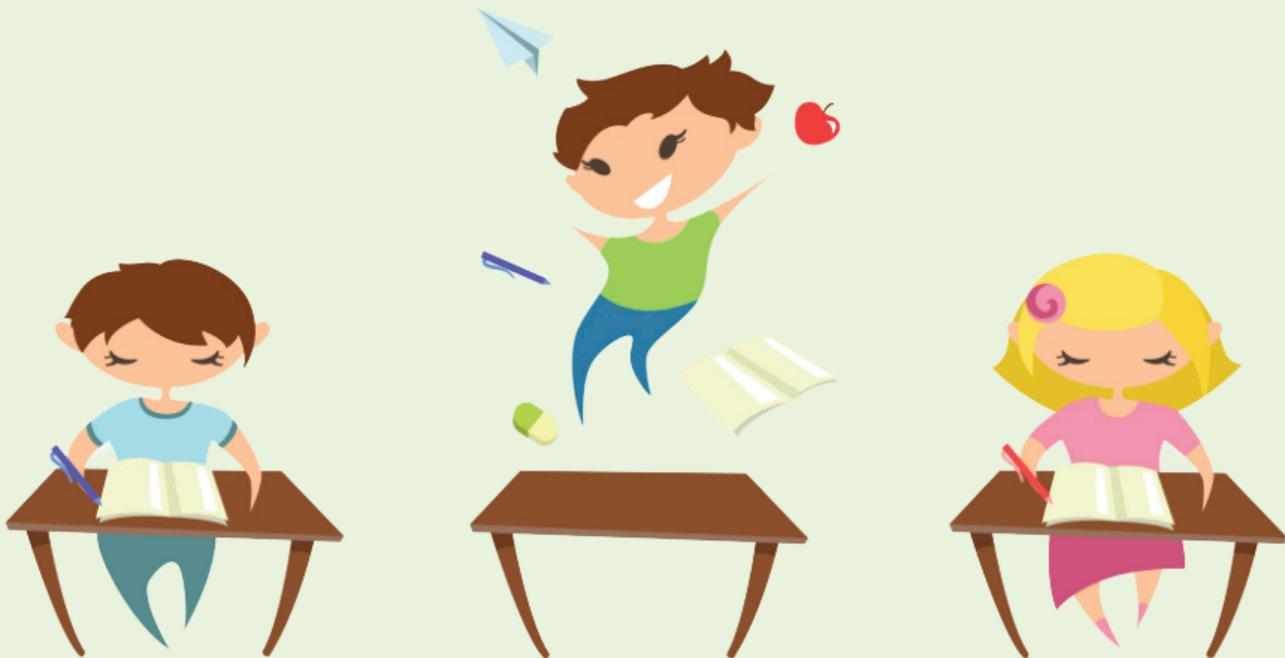


Is your **CHILD** Hyperactive ?



What is ADHD?

Attention Deficit Hyperactivity Disorder is a Neuro Psychiatric condition affecting preschoolers, children, adolescents and adults. characterised by a display of inattention and/or hyperactivity/impulsivity that interferes with the functioning or development of an individual



Types of ADHD

Inattention

Overlooks details, difficulty remaining focused during lectures, easily distracted, disorganized work, loses things necessary for tasks, avoids tasks that requires focus



Hyper Activity

Leaves seat, runs/climbs in situations when remaining seated is expected, unable to engage in leisure activities quietly, talks excessively, constantly restless

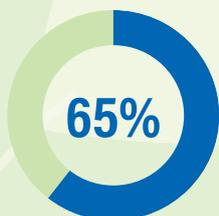


Impulsivity

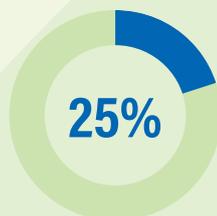
Has difficulty waiting for turn, interrupt or intrudes others, blurts out an answer before a question has been completed



Co-morbidities



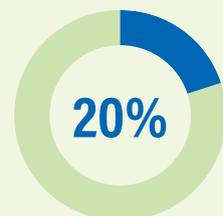
Defiance Problems



Learning Problems



Problems in Listening & Comprehension



Mood Disorder

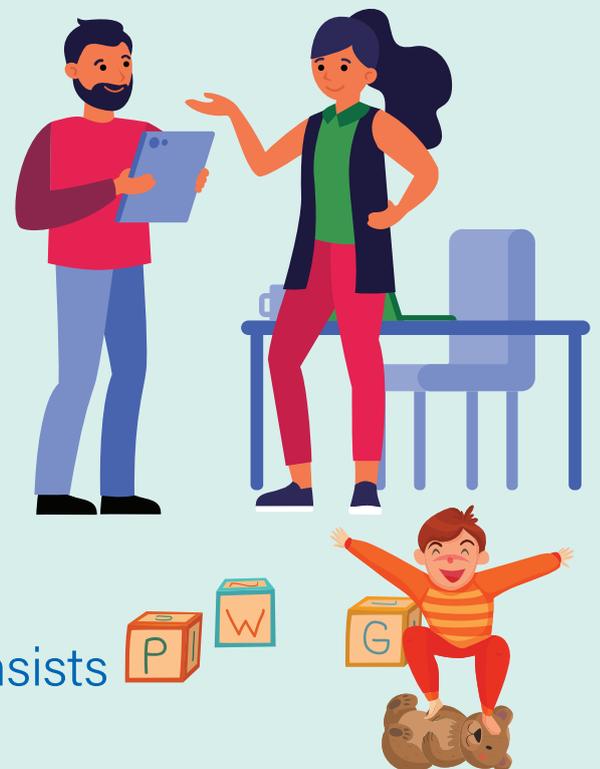
How kids describe their ADHD

- It means that I forget things all the time, I don't like that I do that
- It means being blamed for things I don't really understand
- My brain is having a party
- I want to study but cannot concentrate
- My thoughts get noisy
- I need someone to direct me always
- It feels hard to be organised



Symptoms of ADHD told by Teachers to Parents

- Is restless and exhibits out of seat behaviour
- Doesn't follow teacher's instructions
- Starts to work independently in class but gets distracted by other children
- Participates in a group project but then drifts off
- Appears lost in ongoing class
- Interrupts with comments
- Distracts other children by talking during work time
- Won't let other children talk and insists on being the one to talk



ADHD is more than just “Not being able to sit still” or “Not being able to focus”. People with ADHD also have difficulty with:



Prioritising	Handwriting	Time Management
Outburst	Making Decisions	Trustration Tolerance?
Self Regulation	Essay Writing	Motor Coordination
Handling Transition	Closing Containers	Making Friends

Getting overstimulated and not knowing what to do with yourself

UNFOCUSED
HYPER
DISABILITY
LEARNING
ATTENTION
BORED
ACTIVE
ANGER

BORED
FRUSTRATION
SQUIRM
FIDGET
ACTIVE
ATTENTION
HYPER
UNFOCUSED
DISTRCTION
LEARNING
ANGER

HYPER CONCENTRATION
ATTENTION
DISTRCTION
ACTIV

FRUSTRATION
LEARNING
DISABILITY
FRUSTRATION

CONCENTRATION
DISORDER
FRUSTRATION
FIDGET
BORED
ANGER
DAYDREAM
DISABILITY
ACTIVE
HYPER
INTERRUPT
ANGER

ADHD Myths



- ADHD is caused by watching too much TV
- Children will grow out of ADHD
- All Kids with ADHD are Hyperactive
- Children of ADHD are not as smart as their peers
- All hyperactive children have ADHD
- Only Boys can have ADHD



Without a prompt diagnosis an ADHD child is likely to be labelled "Slow", "Lazy", "Naughty", etc. Such labels undermine self esteem and can lead to academic underachievements and relationship issues

As a parent, you'll probably be the first one to notice if your child has problems paying attention. If this happens often and if the behaviour becomes a pattern consult a Psychiatrist

Dr. Vidhi Patel Vaishnav
Psychiatrist
Happiness Consultant

HEALTH1 - Shilaj

Near Swati Clover, Shilaj Circle,

S. P. Ring Road, Thaltej, Ahmedabad - 380059, Gujarat.

☎ : 079 6999 6999 | ✉ : info@health1.co.in | 🌐 : www.health1.co.in

